



1.0 GYM MEMBERSHIP APPLICATION

NAME		DOB	
ADDRESS			
PHONE	(h)	(w)	(m)
EMAIL *required for DD*			
EMERGENCY NAME		PH #	

MEMBERSHIP DETAILS

Term Membership: 1 month 3 months 6 months 12 months Direct Debit

Visit Passes: 5 visits 10 visits 20 visits

1. If, during the first seven days, from the date the contract was signed, the member, for any reason, wishes to discontinue the membership, they must notify staff in writing via email (irwinrec@irwin.wa.gov.au). The member will then be under no further obligations and all monies already paid will be fully refunded. If the member fails to fully comply with the above, then they will be liable to pay the full amount as agreed. The member acknowledges that they shall complete all payments due under the full term of this contract whether the member uses the facilities or not and that the failure of the member to attend or use the facilities will not release the member from the liability for payments in full of each successive instalment during the term hereof.
2. Minimum term for Direct Debit agreement is 6 months. Debits will continue on a fortnightly basis if the member fails to provide written directive to cancel their membership as per instruction included within the ‘Cancellation’ section of the Irwin Rec Centre 24 hour gym access terms and conditions.
3. The member agrees to comply with the ‘Rules of the Gym’, as displayed, for operating all of the facilities within the Gym.
4. The execution by Shire of Irwin staff shall be deemed the acceptance of an application, and this agreement shall therefore be binding upon the Shire of Irwin and the relevant Irwin Rec Centre member.

2.0 PRIVACY STATEMENT

The Shire of Irwin follows the principals set out in the Privacy Act 1988, as amended and is committed to respecting the privacy of individuals through ensuring the security of personal information. The information collected on this form is collected for the purpose of processing, managing and administering your membership. It will not be otherwise disclosed without your consent.

If you wish to seek access to your personal information or have any questions regarding the handling of your personal information, contact the Shire of Irwin Rec Centre during opening hours on 9955 9200. We welcome any changes to your details so as to keep our records up-to-date.

3.0 **GUIDELINES AND CODE OF CONDUCT**

1. Only members may access the Irwin Rec Centre Gym 24 hour facility.
2. To use the Irwin Rec Centre Gym members must meet the following conditions:
 - a. Complete the Membership Application
 - b. Agree to abide by the Guidelines and Code of Conduct
 - c. Pay the membership fee and be accepted as a member by the Shire of Irwin
 - d. Be over the age of 15 years
 - e. If aged 15 years old must be supervised by an adult inducted gym member
 - f. If aged between 16-18 years old you are able to utilise the gym unsupervised where parental consent is provided (see page 4)
 - g. Be inducted into the use of the Gym by a suitably qualified person as nominated by the Shire of Irwin
3. Members are encouraged to exercise with another member for safety and that at least one member has a mobile phone for use in case of emergency.
4. Members must be 16 years or older to use the facility alone.
5. If using the facility alone, members are advised to let someone know how long you may be, take a mobile phone to use in case of emergency and take extra care when using weights and equipment.
6. Access is via a scanner card issued upon membership approval. Access is limited to members only. Allowing non-members to access the room may result in cancellation of membership (refer to 'Inappropriate Use of Access Card' section of the 'Irwin Rec Centre 24 hour gym access terms and conditions' for further information).
7. Members must at all times exercise care in using equipment and to behave in a manner which does not endanger or inconvenience other users. If the gym is busy please share equipment and be considerate of others.
8. No food, alcohol or drinks other than water are to be consumed in the gym. Members can bring their own water bottle to ensure adequate hydration.
9. Use of appropriate footwear and clothing is encouraged for your safety, and a towel must be used on shared equipment. Any jewellery that may possibly injure a user, including rings and necklaces, is not permitted. Members are free to bring their own music for personal use.
10. Smoking is not permitted in the Gym.
11. Please ensure that the lights and electrical equipment are turned off at the power points and that the door is securely closed after use.
12. Access is available 24 hours a day, 7 days a week. Please be considerate of the neighbours; arrive and leave considerately and ensure that music and noise does not impact on the neighbours.
13. Members are responsible for ensuring the Gym and equipment are cleaned after use and stored in a tidy manner. NO equipment is to be added to or removed from the Gym.
14. Report any defective or damaged equipment to Irwin Recreation Centre staff, place a warning-defective equipment sign on the equipment and complete a Faulty Equipment report (provided on the emergency board). If this sign is in place, only an authorised person is permitted to remove this sign. Signs will be removed when the equipment is made safe or fixed by the Shire of Irwin representative. Any injuries sustained in the Gym or as a result of using the equipment must be

recorded in the incident register book located in the gym. If First Aid equipment is used please notify staff during opening hours.

4.0 PRE-ACTIVITY REVIEW

If you have any of the following conditions, are pregnant or have not undertaken an exercise program before it is strongly recommended you seek a review from your GP before commencing an exercise program:

- Asthma or any other respiratory disorder
- Hernia or any other muscular problems
- Heart trouble/pain/tightness in chest/high/low blood pressure/high cholesterol
- Arthritis, back problems or any other skeletal injury
- Diabetes/stroke/epilepsy/blood disorders or any other chronic health condition

If you have not seen your GP in the last six months and have any of the following or are taking prescription medication it is strongly recommended that you seek a review before commencing an exercise program

- Family history of heart disease/high blood pressure/stroke
- Regular headaches/pounding/palpitating heart/chronic cough
- Chronic pain
- Incontinence
- Allergies that cause a significant reaction

5.0 DECLARATION

I have read the Irwin Rec Centre Gym Guidelines and Code of Conduct and I agree to abide by them. I have read the Pre-Activity Review and I declare that I have no medical conditions that would involve a risk to myself or others using the Irwin Rec Centre Gym. I have sought medical advice and a medical clearance before commencing a gym program and/or using the gym facilities. If required during the course of my membership for any medical conditions that may impact on my safe use of the Irwin Rec Centre Gym I will seek medical advice and clearance.

I waive all claims or causes of action which I might otherwise have arising out of loss of life or injury , damage or any other loss, which I may suffer in the course of or consequent upon my entry or participation in any activities in the Irwin Rec Centre Gym.

This waiver, release and discharge shall operate separately in favour of any person involved in the ownership and/or operation of the Irwin Rec Centre Gym. The waiver shall operate whether or not the loss, injury or damage is attributable to the act or neglect of any one or more of such persons.

I acknowledge and agree that

- I will comply with any reasonable direction from Shire of Irwin staff in relation to entry/exit to and from the Irwin Rec Centre Gym; the use of facilities and equipment in the Irwin Rec Centre Gym; my behaviour and conduct whilst on the premises.
- I have been provided a copy of the usage terms and conditions for the 24 hour gym and agree to be bound by these terms and conditions.
- I have sole responsibility for my personal possessions whilst at the Irwin Rec Centre Gym or during its related activities.

